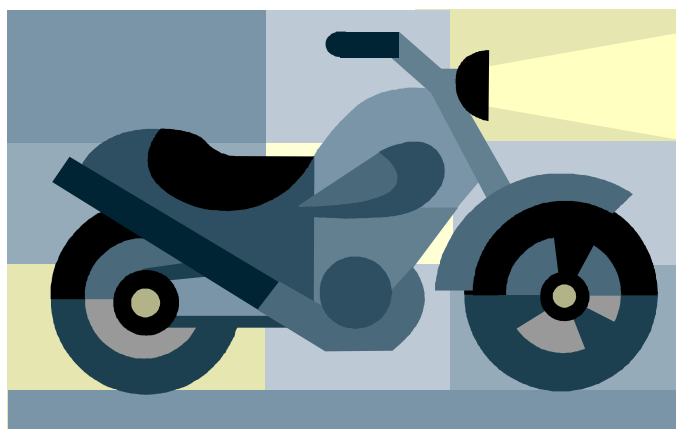


Ladies Track Morning

Sun, 9 Oct 2011

All 2-wheeled Motorcycle Models Welcome!!!

Date : Sunday, 9 October 2011
Cost : R400.00 per participant (incl. 4-hrs track time, instructors, 1st Aid & Ambulance as well as Track Marshalls)
Time : 08h30 – 12h30
BOOK NOW!!
anne@abarc.co.za or
call 082 421 0003 or mail me for more info!



Who? The training session caters to all, from beginners, through to intermediate and advanced riders. Depending on these levels of expertise, riders will be split into groups accordingly and put through their paces under the watchful eye of qualified instructors. **All makes of motorcycles are welcome** and the more participants and bikes out on the track, the better.

Why? It's NOT about hurtling down the racetrack at breakneck speeds trying to become the next Valentino Rossi, but rather a training session, in a controlled safe environment and road surface where riders can practice their lines, cornering, braking & reaction time without having to deal with on-coming traffic, speed limits, road signs and pedestrians.

Minimum 30 ladies required

